

## SUBOXONE TREATMENT

### MCCA, Inc

34 Murray St,  
Waterbury, CT 06710  
(203) 597-0643

### CT Counseling Center\*

50 Brookside Rd,  
Waterbury, CT 06708  
(203) 568-7474

Also a Methadone Dispensary

### Community Health Center of Waterbury\*

51 North Elm St,  
Waterbury, CT 06702  
(203) 574-4000

Also a Methadone Dispensary

### Help, Inc: Watkins Network

969 West Main St,  
Waterbury, CT 06708  
(203) 754-0322

### Oasis Stay Well Health\*

402 East Main St,  
Waterbury, CT 06702  
(203) 755-1143 ext. 4394

### Waterbury Hospital Behavioral Health\*

88 Grandview Ave,  
Waterbury, CT 06708  
(203) 573-6500

### Wellmore

402 East Main St,  
Waterbury, CT 067020  
(203) 755-1143

### Wheeler Clinic\*

100 Jefferson Sq,  
Waterbury, CT 06706  
(860) 793-3500

## METHADONE DISPENSARIES

### CT Counseling Center

50 Brookside Rd,  
Waterbury, CT 06708  
(203) 568-7474\*

4 Midland Rd,  
Waterbury, CT 06705  
(203) 755-8874\*

60 Beaver Brook Rd,  
Danbury, CT 06810  
(203) 743-7574\*

### ROOT Center for Advanced Recovery

1098 Farmington Ave,  
Bristol, CT 06010  
(860) 589-6433

## RECOVERY SUPPORT

### Stay Well Health

402 East Main St,  
Waterbury, CT 06702  
(203) 755-1143 ext. 4394

### Family Intervention Center

51 Lakeside Blvd. East,  
Waterbury, CT 06708  
(203) 756-2153

### 12 Step Programs

Narcotics Anonymous  
1(800) 627-3543

## ACCESS LINE

1(800) 563-4086  
Assistance locating  
treatment 24/7

For more services:  
ctaddictionservices.com

## SYRINGE SERVICES PROGRAMS IN WATERBURY

### Waterbury Health Department\*

1 Jefferson Square, 2nd Floor, Suite #17  
Waterbury, CT 06706  
Phone: (203) 574-6883

### APEX\*

80 Phoenix Avenue, Danbury, CT 06810  
(At Staywell Parking Lot)  
Phone: (203) 778-2437

Every Friday 12:00-3:00pm

### Greater Waterbury Opioid Work Group

Jennifer Dewitt  
Phone: (203) 574-6883



### Greater Hartford Harm Reduction Coalition\*

Mark Jenkins, Executive Director  
1229 Albany Ave, Hartford, CT 06112

Phone: (860) 250-4146  
Home delivery by appointment

Drop-in Site | Open 7 Days a Week:  
557 Albany Ave, Hartford, CT 06112  
Phone: (860) 263-8720

[www.ghhrc.org](http://www.ghhrc.org)

Syringe Exchange  
Naloxone Distribution  
Overdose Prevention Education

# ROAD TO RECOVERY RESOURCES

This pamphlet contains critical information about the safety of injecting drugs, related health risks and resources to help people into recovery.

Serving the community of  
WATERBURY

# TIPS TO OPTIMIZE SAFETY OF INJECTING DRUGS

- ✓ Snort instead of using injecting needles
- ✓ Clean hands with soap and water, clean the injection site, and clean the area of preparation
- ✓ Always use a new clean needle and syringe instead of re-using
- ✓ Use clean cookers and cotton filters and do not share them
- ✓ Use sterile water (or boil water for 10 minutes)
- ✓ Never lick the needle
- ✓ Avoid using the neck, legs, feet and groin
- ✓ Do not use alone and have naloxone on hand in case of overdose
- ✓ Do not share needles or any works and keep track of what's yours
- ✓ Dispose of needles and syringes safely
- ✓ Use syringe exchange programs to get clean needles in exchange for dirty needles (see reverse for locations)



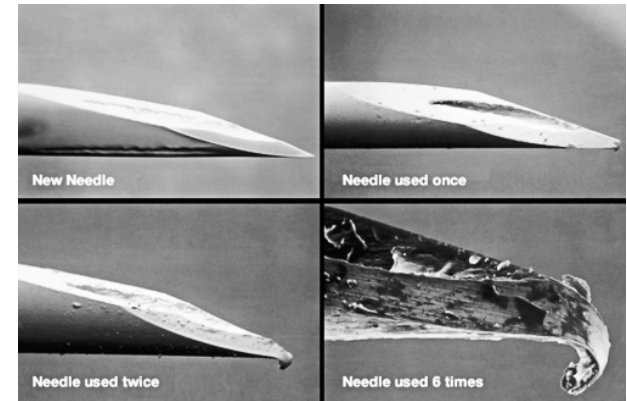
Amount of a **FATAL OVERDOSE** of either heroin, fentanyl, or carfentanil.



Naloxone (NALCAN®) **SAVES LIVES** after an opioid overdose.

# HEALTH RISKS OF INJECTING DRUGS

- Damage to skin and veins.
- Bacterial infections of the skin, bloodstream, heart valves, bones, and joints.
- Viral infections: HIV, Hepatitis B, and Hepatitis C.
- Opioid overdose, coma and death stroke, brain damage, heart attack, heart failure, and kidney failure.



**ONLY USE NEEDLES ONCE. BLUNT NEEDLE TIPS NOT ONLY DAMAGE SKIN AND VEINS BUT INCREASE THE RISK OF INFECTION.**